

Mathys Contact

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Course location

Institute of Anatomy
University of Bern
Bühlstrasse 26
3009 Bern
Switzerland
www.ana.unibe.ch
Tel. +41 31 631 81 11

Accommodation

Kongress + Kursaal Bern AG
Hotel Allegro Bern AG
Kornhausstrasse 3
3000 Bern 25
Switzerland
www.kursaal-bern.ch
Tel. +41 31 339 55 00

**This course is supported by an unrestricted grant by Mathys Ltd Bettlach.
The Participant has to attend at least 80 % of the course, in order to get the
certificate of attendance.**

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Programme

Bone preservation for primary hip arthroplasty

Tuesday, 12 March 2019

Institute of Anatomy

University of Bern, Switzerland

Anatomy Workshop

The goal of this course is to provide you with the know-how and the skills to successfully implant the optimys® Short Stem in combination with the RM Pressfit Monobloc Cup. In the theoretical session we will give you the background on the topic. This know-how can then be applied in hands on workshops on specimens. The whole course is designed to be interactive with group discussions and small group workshop.

Scientific Board



Prof. Dr Karl Stoffel
Basel, Switzerland



PD Dr Martin Clauss
Basel, Switzerland



Dr Jonathan Spycher
Interlaken, Switzerland



Dr Lieven Dossche
Antwerp, Belgium



Dr Thilo John
Berlin, Germany

Monday, 11 March 2019

Hotel Allegro, Bern

20:00 h Meet at the hotel lobby and short walk to the restaurant

20:15 h **Dinner at the restaurant «Rosengarten»**
Alter Aargauerstalden 31 b, 3006 Bern
Tel. +41 31 331 32 06

Tuesday, 12 March 2019

Institute of Anatomy, University of Bern

07:30 h	Meet at the hotel lobby and transfer by bus to the institute	
08:00 h	Welcome and introduction	K. Stoffel
	Session 1: Challenges in hip arthroplasty – an overview	
08:10 h	Goals of total hip replacement	T. John
08:25 h	The most common failures and their solutions	K. Stoffel
08:40 h	How to prepare and start up with a new philosophy	L. Dossche
	Session 2: The approach	
08:55 h	The posterior approach	T. John
09:05 h	The antero-lateral approach	J. Spycher
09:15 h	The anterior approach	L. Dossche
09:25 h	Coffee break	
	Session 3: Restoration of hip biomechanics	
09:55 h	Biomechanics of the hip joint	J. Spycher
10:05 h	Cup positioning – what do we have to know?	L. Dossche
10:25 h	Where are the challenges and strategies with proven philosophies in restoring the biomechanics?	T. John
10:40 h	What about the bonepreservation system?	J. Spycher
10:55 h	Oh my god cases – what have I learned?	Faculty / All
11:25 h	How important is pre-operative planning? (Workshop)	K. Stoffel
12:25 h	Lunch	
	Workshop	
13:15 h	Individual cadaver workshop	All
15:45 h	Coffee break	
	Session 4: Case discussion	
16:00 h	Complex cases – how to manage	K. Stoffel
16:20 h	Final question time for faculty	All
16:45 h	End of course Transfer by bus to the railway station or to the hotel «Allegro»	